

# A Day During Ramadan

*Here is the description of a day during Ramadan, but it has been mixed up! Number the sentences, putting them in the right order.*

Following the evening meal, boys and men go to the mosque for special prayers and they kneel in prayer mats.

When they are old enough, all Muslims have to fast (called sawm) during the month of Ramadan.

One thirtieth of the Qur'an is recited in these prayers, so by the end of the month the whole of the Qur'an has been recited.

After sunset, the iftar meal is eaten, consisting of appetisers, dates, fruits, drinks and a normal dinner.

Everyone has a pre-dawn breakfast called suhoor; after which they are not allowed to eat or drink anything (not even water) between the hours of sunrise and sunset.



**Have you ever been without food for a good cause?**

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**How did you feel afterwards?**

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**Is it more difficult for Muslims living and fasting in Britain in Summer to be committed to their religion? Why?**

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