

Wise words from the Guru Granth Sahib

Think about some wise words from the Guru Granth Sahib and apply them to modern situations. Read them and discuss their meanings. Now complete the activity below.

1 If you tell lies, they will be found out; the truth always comes out in the end.
(page 953)

6 Where there is forgiveness, there is God himself.
(page 1372)

2 The best thing you can do is to try to always help others.
(page 992)

7 Whoever realises what God wants and does it shall get to know God better.
(page 885)

3 Those who beat you with fists, do not treat in the same manner, but go to their house and kiss their feet.
(page 1378)

8 God is always with you - never think that He is far away, and through the Master's teachings, recognise God in yourself.
(page 116)

4 You should not argue with your parents, but respect them. After all, it is thanks to them that you have grown to be the age you are.
(page 1200)

9 Deep within you is the Light of God. It radiates through everything he has made. Through the master's teachings everlasting peace is found.
(page 126)

5 God will judge and punish bullies and look after those who try to follow Him.
(page 199)

10 There are those who read the Vedas and others - Christians, Jews, Muslims - who read the Semitic scriptures...Guru Nanak says that whoever realises the will of the Lord, He will find out the Lord's secrets!
(page 885)

Activity for Pupils 6

Have you ever seen 'problem page' letters in magazines, those in which someone writes asking for help and advices? Imagine the letters below were written by young Sikhs, about your age. If you were a Sikh 'Agony Aunt', how would you use the sacred words of guidance from the Guru Granth Sahib to reply to the following letters?

Dear Agie,
I was really fed up with my friend the other day. I went to her house for tea, which was ok but she started arguing with her mum, saying she was fussing and embarrassing her. Then she seemed to get angry and shouted at her mum and told her she was stupid. Her mum looked so sad, and I felt really embarrassed, but she just went quiet and went out of the room. My friend laughed and said that at last we could have a bit more privacy. But I was really surprised and said she shouldn't have shouted at her mum. She said she was always arguing with her mum and she went all moody and told me to go home.



Dear Agie,
Me and my friends were in town the other day looking at some new X-box games. While some of us were playing on the games consoles in the shop I heard two of my friends, Dan and Mark, talking. Dan was telling Mark to stuff one of the games down his trousers, and called him chicken when he refused. Mark went bright red, stuffed the game down his trousers and ran out of the shop, with Dan following. The others hadn't noticed anything was going on until the door theft alarms went off. The shop assistant was furious and asked who those boys were. We all said we didn't know but they didn't believe us. I'm worried because the shop manager said they were going to contact our school and the police. What should I do?